



## Track and Category Records at Lowe's Motor Speedway 2009 - 2005

10-MILE TIME TRIAL

2009					2008					2007					2006					2005					
Men	Last, First Name	Time	Record Date	Avg MPH	Last, First Name	Time	Record Date	Avg MPH	Last, First Name	Time	Record Date	Avg MPH	Last, First Name	Time	Record Date	Avg MPH	Last, First Name	Time	Record Date	Avg MPH	Last, First Name	Time	Record Date	Avg MPH	
<b>Overall Track</b>	<b>Cannell, Peter</b>	<b>16:40.97</b>	<b>7/30/2008</b>	<b>32.12</b>	<b>Cannell, Peter</b>	<b>16:40.97</b>	<b>7/30/2008</b>	<b>32.12</b>	<b>Dulin, Thad</b>	<b>16:50.49</b>	<b>7/25/2007</b>	<b>31.84</b>	<b>Harvey, Chris</b>	<b>19:06.89</b>	<b>6/28/2006</b>	<b>31.39</b>	<b>McCallion, Pat</b>	<b>19:22.36</b>	<b>8/20/2002</b>	<b>30.97</b>					
Men Cat 1/2	Cannell, Peter	16:40.97	7/30/2008	32.12	Cannell, Peter	16:40.97	7/30/2008	32.12	Dulin, Thad	16:50.49	7/25/2007	31.84	Harvey, Chris	19:06.89	6/28/2006	31.39	McCallion, Pat	19:22.36	8/20/2002	30.97					
Men Cat 3	Tosolini, Andrea	20:21.46	6/3/2009	29.47	Byrd, Michael	20:28.14	4/9/2008	29.31	Dunn, Matthew	20:43.54	8/2/2007	28.95	Langford, Scott	20:46.01	8/23/2006	28.89	Jenkins, Ryan	20:49.52	9/22/2004	28.81					
Men Cat 4	Whittaker, Gordon	20:31.94	9/30/2009	29.22	Byrd, Michael	20:40.12	9/5/2007	29.03	Byrd, Michael	20:40.12	9/5/2007	29.03	Willis, Mark	20:46.36	8/23/2006	28.88	Sklar, Paul	21:02.03	7/27/2001	28.53					
Men Cat 5	Brown Jr, Matt	21:12.54	8/23/2006	28.29	Brown Jr, Matt	21:12.54	8/23/2006	28.29	Brown Jr, Matt	21:12.54	8/23/2006	28.29	Brown Jr, Matt	21:12.54	8/23/2006	28.29	Feid, Kent	21:51.55	10/4/2005	27.45					
Men College A	Bean, Eric	19:44.35	7/25/2007	30.40	Bean, Eric	19:44.35	7/25/2007	30.40	Bean, Eric	19:44.35	7/25/2007	30.40	Category did not exist				Category did not exist								
Men College B	Edmonds, Paul	21:20.58	6/6/2007	28.11	Edmonds, Paul	21:20.58	6/6/2007	28.11	Edmonds, Paul	21:20.58	6/6/2007	28.11	Category did not exist				Category did not exist								
Men College C	Schott, Stephen	22:52.43	10/1/2008	26.23	Schott, Stephen	22:52.43	10/1/2008	26.23	Pearson, AJ	23:35.65	5/2/2007	25.43	Category did not exist				Category did not exist								
Men College D	Tyndall, Matt	24:06.54	10/9/2007	24.89	Tyndall, Matt	24:06.54	10/9/2007	24.89	Tyndall, Matt	24:06.54	10/9/2007	24.89	Category did not exist				Category did not exist								
Masters 35+	Jenkins, Ryan	19:26.07	4/9/2008	30.87	Jenkins, Ryan	19:26.07	4/9/2008	30.87	Powers, Derek	19:32.91	8/23/2006	30.69	Powers, Derek	19:32.91	8/23/2006	30.69	Grice, David	20:15.70	7/25/2003	29.61					
Masters 45+	Patterson, John	19:17.89	7/25/2007	31.09	Patterson, John	19:17.89	7/25/2007	31.09	Patterson, John	19:17.89	7/25/2007	31.09	Patterson, John	19:30.43	6/6/2006	30.76	Grice, David	20:20.59	8/17/2005	29.49					
Masters 55+	Leouss, Peter	20:58.62	8/26/2009	28.60	Slavens, David	21:12.96	8/13/2008	28.28	Gillespie, Ron	21:21.34	8/23/2006	28.10	Gillespie, Ronald	21:21.34	8/23/2006	28.10	Mason, Ross	22:47.54	10/4/2005	26.32					
Masters 65+	Land, Robert	21:22.71	8/22/2007	28.07	Land, Robert	21:22.71	8/22/2007	28.07	Land, Robert	21:22.71	8/22/2007	28.07	Category did not exist				Category did not exist								
Men 18-24	Vanderberg, Andre	21:48.75	7/9/2008	27.51	Merchant, Luke	22:58.76	4/30/2008	26.11	Spies, Ben	23:08.70	8/22/2007	25.92	Category did not exist				Category did not exist								
Men 25-29	Havocell, James	21:28.36	7/15/2009	27.94	O'Leary, Karl	21:52.15	9/5/2007	27.44	O'Leary, Karl	21:52.15	9/5/2007	27.44	Williams, Jamie	22:06.53	8/23/2006	27.14	Casteen, Jason	22:45.64	9/22/2004	26.36					
Men 30-34	Ackeman, Ashley	20:31.42	7/15/2009	29.23	Huffman, Chad	20:50.08	6/6/2007	28.80	Huffman, Chad	20:50.08	6/6/2007	28.80	Clancy, Matthew	21:01.81	10/4/2006	28.53	McDaniel, William	22:20.30	9/22/2005	26.86					
Men 35-39	Buller, Bo	20:52.35	7/15/2009	28.75	Watkins, Steve	21:02.03	8/23/2006	28.53	Watkins, Steve	21:02.03	8/23/2006	28.53	Watkins, Steve	21:02.03	8/23/2006	28.53	Jones, Michael	21:55.69	6/12/2002	27.37					
Men 40-44	Dumke, Chuck	20:24.35	8/23/2006	29.40	Dumke, Chuck	20:24.35	8/23/2006	29.40	Dumke, Chuck	20:24.35	8/23/2006	29.40	Dumke, Chuck	20:24.35	8/23/2006	29.40	Talley, Mark	21:43.98	10/11/2004	27.61					
Men 45-49	Evans, Eric	21:24.65	9/30/2009	28.02	Covington, John	21:26.57	8/23/2006	27.98	Covington, John	21:26.57	8/23/2006	27.98	Covington, John	21:26.57	8/23/2006	27.98	Kerns, Bob	21:54.99	8/17/2005	27.38					
Men 50-54	Chambers, Robert	20:12.66	8/23/2006	29.69	Chambers, Robert	20:12.66	8/23/2006	29.69	Chambers, Robert	20:12.66	8/23/2006	29.69	Chambers, Robert	20:12.66	8/23/2006	29.69	Gerardi, Richard	21:47.03	8/17/2005	27.54					
Men 55-59	Rossi, Chris	20:48.19	6/6/2007	28.84	Rossi, Chris	20:48.19	6/6/2007	28.84	Rossi, Chris	20:48.19	6/6/2007	28.84	Wiseman, Bill	21:43.99	8/23/2006	27.61	Mullis, Randall	23:12.42	9/22/2004	25.85					
Men 60-64	Reavis, Jim	22:14.20	8/13/2003	26.98	Reavis, Jim	22:14.20	8/13/2003	26.98	Reavis, Jim	22:14.20	8/13/2003	26.98	Reavis, Jim	22:14.20	8/13/2003	26.98	Reavis, Jim	22:14.20	8/13/2003	26.98					
Men 65-69	Hall Sr, Dennis	22:08.64	8/22/2007	27.10	Hall Sr, Dennis	22:08.64	8/22/2007	27.10	Hall Sr, Dennis	22:08.64	8/22/2007	27.10	Hall Sr, Dennis	22:11.63	8/17/2005	27.03	Hall Sr, Dennis	22:11.63	8/17/2005	27.03					
Men 70-74	Ellefson, David	23:38.06	8/13/2008	25.39	Ellefson, David	23:38.06	8/13/2008	25.39	Brown, Herb	27:20.99	8/2/2007	21.94	Category did not exist				Category did not exist								
Men 75-79	Ellefson, David	23:38.28	6/3/2009	25.38	Jakubek, Ladislav	26:57.47	9/6/2006	22.26	Jakubek, Ladislav	26:57.47	9/6/2006	22.26	Category did not exist				Category did not exist								
Men 80-84	Jakubek, Ladislav	27:57.07	8/13/2008	21.47	Jakubek, Ladislav	27:57.07	8/13/2008	21.47	Jakubek, Ladislav	28:12.29	7/25/2007	21.27	Category did not exist				Category did not exist								
Men 85-89	Burdon, Harold	29:28.96	6/6/2007	20.35	Burdon, Harold	29:28.96	6/6/2007	20.35	Burdon, Harold	29:28.96	6/6/2007	20.35	Category did not exist				Category did not exist								
Male Juniors 10-14	Kriska, Matus	22:06.68	8/2/2007	27.14	Kriska, Matus	22:06.68	8/2/2007	27.14	Kriska, Matus	22:06.68	8/2/2007	27.14	Kriska, Matus	23:56.39	8/3/2006	25.06	Crow, Danny	25:27.09	8/17/2005	23.57					
Male Juniors 15-17	Arnold, Jacob	20:49.47	5/5/2009	28.81	Arnold, Jacob	21:17.11	8/13/2008	28.19	Slater, Graham	21:42.09	8/15/2001	27.65	Slater, Graham	21:42.09	8/15/2001	27.65	Slater, Graham	21:42.09	8/15/2001	27.65					

  

2009					2008					2007					2006					2005				
Women	Last, First Name	Time	Record Date	Avg MPH	Last, First Name	Time	Record Date	Avg MPH	Last, First Name	Time	Record Date	Avg MPH	Last, First Name	Time	Record Date	Avg MPH	Last, First Name	Time	Record Date	Avg MPH	Last, First Name	Time	Record Date	Avg MPH
<b>Women Overall</b>	<b>Armstrong, Kristin</b>	<b>21:02.58</b>	<b>8/3/2005</b>	<b>28.51</b>	<b>Armstrong, Kristin</b>	<b>21:02.58</b>	<b>8/3/2005</b>	<b>28.51</b>	<b>Armstrong, Kristin</b>	<b>21:02.58</b>	<b>8/3/2005</b>	<b>28.51</b>	<b>Armstrong, Kristin</b>	<b>21:02.58</b>	<b>8/3/2005</b>	<b>28.51</b>	<b>Armstrong, Kristin</b>	<b>21:02.58</b>	<b>8/3/2005</b>	<b>28.51</b>	<b>Armstrong, Kristin</b>	<b>21:02.58</b>	<b>8/3/2005</b>	<b>28.51</b>
Women Cat 1/2	Armstrong, Kristin	21:02.58	8/3/2005	28.51	Armstrong, Kristin	21:02.58	8/3/2005	28.51	Armstrong, Kristin	21:02.58	8/3/2005	28.51	Armstrong, Kristin	21:02.58	8/3/2005	28.51	Armstrong, Kristin	21:02.58	8/3/2005	28.51	Armstrong, Kristin	21:02.58	8/3/2005	28.51
Women Cat 3	Schnitkey, Stacie	21:26.00	4/9/2008	27.99	Schnitkey, Stacie	21:26.00	4/9/2008	27.99	Waller, Tina	22:26.20	8/2/2007	26.74	Gunn, Rachel	23:20.93	5/16/2006	25.70	Waller, Tina	23:59.09	8/3/2005	25.02				
Women Cat 4	Renschler, Janelle	22:28.70	8/22/2007	26.69	Renschler, Janelle	22:28.70	8/22/2007	26.69	Renschler, Janelle	22:28.70	8/22/2007	26.69	Myers, Renee	22:35.31	6/28/2006	26.56	Harkey, Lori	24:12.13	8/3/2005	24.79				
Women College A	Trull, Lauren	22:10.01	6/6/2007	27.07	Trull, Lauren	22:10.01	6/6/2007	27.07	Trull, Lauren	22:10.01	6/6/2007	27.07	Category did not exist				Category did not exist							
Women College B	Taggart, Nikki	24:35.77	5/2/2007	24.39	Taggart, Nikki	24:35.77	5/2/2007	24.39	Taggart, Nikki	24:35.77	5/2/2007	24.39	Category did not exist				Category did not exist							
Women College C	Hillebrand, Meghan	26:33.54	4/3/2007	22.59	Hillebrand, Meghan	26:33.54	4/3/2007	22.59	Hillebrand, Meghan	26:33.54	4/3/2007	22.59	Category did not exist				Category did not exist							
Women 18-24	Gilchrest, Liz	26:56.04	7/25/2007	22.28	Gilchrest, Liz	26:56.04	7/25/2007	22.28	Gilchrest, Liz	26:56.04	7/25/2007	22.28	Category did not exist				Category did not exist							
Women 25-29	Bell, Melissa	23:02.62	7/26/2006	26.04	Bell, Melissa	23:02.62	7/26/2006	26.04	Bell, Melissa	23:02.62	7/26/2006	26.04	Bell, Melissa	23:02.62	7/26/2006	26.04	Holinka, Alison	23:34.06	9/22/2004	25.46				
Women 30-34	Tussey, Sara	23:39.13	6/3/2009	25.37	Busick, Carol	23:58.52	5/2/2007	25.03	Busick, Carol	23:58.52	5/2/2007	25.03	Edwards, Rachael	24:00.71	8/23/2006	24.99	Marshall, Sandra	24:02.54	10/11/2004	24.97				
Women 35-39	Johnston, Kristen	22:55.46	4/16/2002	26.17	Johnston, Kristen	22:55.46	4/16/2002	26.17	Johnston, Kristen	22:55.46	4/16/2002	26.17	Johnston, Kristen	22:55.46	4/15/2002	26.17	Johnston, Kristen	22:55.46	4/15/2002	26.17				
Women 40-44	Gatlin, LuAnne	22:33.14	9/5/2007	26.60	Gatlin, LuAnne	22:33.14	9/5/2007	26.60	Gatlin, LuAnne	22:33.14	9/5/2007	26.60	Gatlin, LuAnne	23:53.50	8/23/2006	25.11	Barker, Molly	24:33.48	6/29/2001	24.45				
Women 45-49	Van Holderbeke, Sonja	23:07.21	4/30/2008	25.95	Van Holderbeke, Sonja	23:07.21	4/30/2008	25.95	Brock, Maureen	24:07.39	8/23/2006	24.87	Brock, Maureen	24:07.39	8/23/2006	24.87	Pit							

